# PRODUCT DATA SHEET MELATON-1

# **DESCRIPTION** Dietary Supplement

# Melaton-1<sup>™</sup>

Supplement Facts Serving Size: One Capsule Servings Per Container: 90		
Each Capsule Contains:		% DV
Melatonin	1 mg.	*
*Daily Value (DV) not established.		

Other Ingredients: Magnesium Citrate, <sup>†</sup> Hypromellose (derived from cellulose) capsule, Leucine, <sup>†</sup> Silicon Dioxide.<sup>†</sup>

 $^{\rm t}{\rm A}$  hypoallergenic ingredient used to fill space.

# SF781 / 90 Vegetarian Capsules

## **EXCIPIENT FREE**

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

#### **HOW SUPPLIED**

Melaton-1 is supplied in bottles of 90 two-piece vegetarian capsules. Packed 12 bottles per case.

#### **CONTRAINDICATIONS AND WARNINGS**

Melatonin may worsen mania in patients with mania and bipolar disease.

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

# **INTERACTIONS**

No known adverse interactions at publication date.

#### **PREGNANCY WARNING**

A woman who is pregnant, or might become pregnant, should not use Melatonin. Melatonin is specifically contraindicated during pregnancy.

#### DOSAGE

Adult patients: 1-4 capsules at bedtime, or as otherwise directed by a health-care practitioner.

#### **STORAGE**

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

# **MANUFACTURED BY**

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> While some companies say they are raising their standards ... at Thorne, we set them.<sup>™</sup>



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